

HINDU SANDESH

HARI OM MANDIR

Hindu Society of Metropolitan Chicago
Non-Profit Organization under IRS Sec.501 (C) 3

VOL. 79 No. 05 May, 2026

6 NORTH 020 MEDINAH ROAD, MEDINAH IL 0157

Phone: 630 980 0900, www.hariommandir.org



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जुग सहस्रत्र जोजन पर भानू

लिल्यो ताहि मधुर फ़ल जानू॥१८॥

Yug sahastra jojan par Bhanu

Leelyo tahi madhur phal janu

On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

Board of Trustees

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630 222 1248

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630 307 9028

MANDIR TIMINGS

Open: 8:30 am – 12:00 pm

Open: 4:00 pm – 8:00 pm

Close: 12:00pm – 4:00pm

**Except Saturday, Sunday,
Holidays & Special Events

Priests:

Acharya Ram Naresh Vajpayee
Shastri Dharmender Bhatt



HARI OM MANDIR



6 N 20 Medinah Rd, medinah, 630- 980-0900

Happy 
Mother's
Day



मातृ देवो भवः



Invite ALL to join Mothers Day Lunch

Friday, May1st @ 11:45am



Following:
Music, Garba,
Dances, Floor Dance



Dharmender Gill



Richa Chand



Melody Mahesh

Contributions/donations:

ZELLE \$20 now
(\$25 after 4/23)

Zelle to 630-551-6179
Rishi Garg

Your contribution will be
considered your RSVP



Info. 224-616-8360
Manisha Garg/ Asha Mehta /
Mira Chander /Usha Gupta/
Umesh Singh/ Kanchan Bajaj



HARI OM Mahila- Mandal



Hari Om Mandir

Invites you all to Join



By: Subhash Sharma, Mona Sharma and Mandali

On Saturday, May 2, 2026

Pooja: 6:30 pm-7:00pm

Bhention: 7:00 pm-9:00pm

Aarti: 9:00pm

Sponsor Preetibhojan: Vikas, Swati Mehrotra, Mittal & Friends with Families

(You may watch live on Hari Om mandir Facebook)

Contact #s:

Subhash Sharma: 815.751.6624 Mona Sharma: 630.246.0840

Mandir: 630.980.0900

Acharya Ramnaresh Vajpayee:331.307.9621

HARI OM MANDIR

Invites you all to an informative talk on:

PRANAYAM AND MEDITATION

EIGHT COMMON TYPES

- 1 Ujjayi Pranayama (Ocean Breath)
- 2 Kapalabhati Pranayama (Skull Shining Breath)
- 3 Dirga Pranayama (Three Part Breath)
- 4 Bhramari Pranayama (Humming Bee Breath)
- 5 Sheetkari Pranayama (Hissing Breath)
- 6 Nadi Shodhana Pranayama (Alternate Nostril Breathing)
- 7 Surya Bhedana Pranayama (Right Nostril Breathing)
- 8 Bhastrika Pranayama (Bellows Breath)

by



The mind is the king of senses, but the breath is the king of the mind.

THE FIVE PRANA



MR. YASH CHAUDHARY

Sunday, May 3, 2026

Havan: 10:30 am- 11:00 am

Time: 11:15 am- 12:15 pm

Preetibhojan: 12:30 pm

Sponsors: Kanta Talwar Family

(May also watch live on Hari Om Mandir Facebook Page)

For further info, please contact:

Mandir: 630 980 0900

Sneh Chaudhary: 630 715 7975

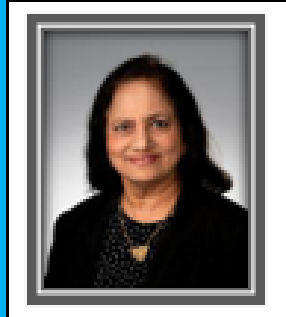
Acharya Ramnaresh Vajpayee: 331 307 9631

Shastri Dharmender Bhatt: 224 518 7240

HARI OM MANDIR

(63020, MEDINAH ROAD, MEDINAH, IL 60127)

Invites you all to enjoy Melodious Bhajans



By Dr. Usha Bhargav

-: PROGRAM: -

Sunday, May 10, 2026

Havan: 10:30am-11:00am

Bhajans: 11:00 am-12:15pm

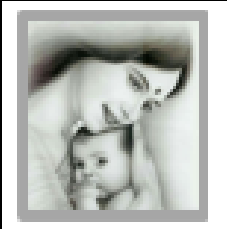
Sponsors: Open

For further info, please contact:

Mandir: 630 980 0900

Sneh Chaudhary: 630 715 7975

Acharya Ramnaresh Vajpayee: 331 307 9621



MOTHER'S DAY CELEBRATIONS



AT HARI OM MANDIR

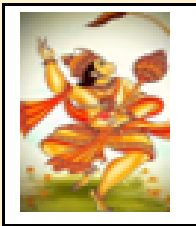
12:15PM-1:00 PM

PROGRAM

(To register for participation, please scan barcode below)

JAM: JUST A MINUTE PERFORMANCE

(Poem/Song/Speech/ Dance)



HANUMAN CHALISA

(Nritya Natika)



DRESS TO IMPRESS

(Best Dressed Mom & Child Jodi)

Hari Om Mandir

6N20 Medinah Rd, Medinah, IL 60157

630-980-0900

Ladies-Monthly- Satsang

(Satsang: 2nd Wednesday of the Month)

Wednesday, May 13th, 2026

12 PM to 2:00 PM

**Recital: Vedic Mantra; Shri Hanuman
Chalisa**

  : Bhajans; Group Bhajans

(Please bring copies of your Favorite bhajan)

Followed by Tea and Snacks

Sponsors: OPEN/

.....

Contact: Manisha Garg 224-616-8360

Usha Gupta 224-659-1229.

Umesh Singh 224-830-5239

Manorma Devi 331-245-8373.

Kanta Bhatia 847-721-5747



**FEED MY
STARVING
CHILDREN**



Hari Om Mandir Volunteering
at Feed My Starving Children

Saturday, May 16th
12:00 PM to 2:00 PM
Schaumburg, IL

Your help is crucial. Help us package meals to save lives.

For any questions,
please contact:

Yash Chaudhary
630-827-9775

Ashwani Mahajan
224-258-6189

Hari Om Mandir
630-980-0900



HARI OM MANDIR

invites all devotees for the sacred recitation of

सुंदरकांड पाठ

SUNDARKAND PATH

Day&Date: Saturday 16 May 2026 | Time: 6 PM

कवन सो काज कठिन जग माहीं। जो नहिं होइ तात तुम्ह पाहीं॥



Venue: Hari Om Mandir

Medinah Road, Medinah IL 60157

Mandir Contact #630-980-0900



Shradhay Swamy Satyanand Ji Maharaj

लाया उत्पत्ति पालना-रूप, शक्ति-चेतना आनंद-स्वरूप,
आदि अन्त और मध्य है राम, अशरण-शरण है राम-विश्राम । 53 ।

AMRITVANI PATH

(By: Rama Kapoor /Acharya Ramnaresh Vajpayee)

Sunday, May 17, 2026

Havan: 10:30-11:00

Time: 11:00 am-12:15 pm

Preetibhojan by: Sudha Aggarwal Family

(You may join live online via Facebook)

To Sponsor Contact:

Mandir: 630 690 0900

Vipar Wadhera: 630 550 8839

Acharya Ram Naresh Vajpayee: 331 307 962

Hari Om Mandir

invites you for



CHANDI PATH YAGNA



Hari Om Mandir

6N20, Medinah Rd,
Medinah, IL 60157



Sun, May 24, 2026

From 9:30am
onwards

Program Details

Swasti Vachanam, Ganesh & Kalash Poojanam
Bhagwati Poojanam & Havan 1- 4 Adhyaya (Chapter)
Vishram & Jai-Paan (Snacks break)
Havan 5-13 Adhyaya (Chapter)
Pooran Aahuti and Aarti
Preeti Bhojan



9:30am - 10am
10am - 11:30am
11:30am - 12Noon
12Noon - 1:30pm
1:30pm - 2pm
2pm onwards

Sponsorship

Please bring

1 Kg Desi Ghee &
1 Bunch Flower

Mandir will provide

Pooja & Havan Samagri



per couple

Please scan



for donation

For more information, please contact

Hari Om Mandir (630) 980 0900
Vipan Wadhwa (630) 550 8839



Acharya Vajpayee (331) 307 8621
Subhash Sharma (815) 751 6624

HARI OM MANDIR
Invites you all to
Baba Balak Nath Ji Bhandara
Sunday, May 31, 2026



मेनू सोहनी गुफा दे अन्दर तो सिद्ध जोगी वाज़ा मारदा
सिद्ध जोगी वाज़ा मारदा पौनाहारी वाजा मारदा

Program

Bhentein By Shma sharma and Mandali

11:00 am-12:30 pm

Aarti and Preetibhojan: 12:30 pm

Sponsors: Anil, Prashant and Manik Families

Rot Prasad: By Shma & Ashok Sharma Family

Contact:

Mandir: 630 980 0900 Subhash Sharma: 815 751 6624 Shma Sharma: 630 550 6693
Acharya Rammaresh Vajpayee: 331 307 9621

Hindi and Cultural Class

Every Sunday 10:30am to 12:30pm



@ Hari OM Mandir, Medinah Illinois

Contact: Anurag Awasthi # 8474630517

JAI MATA DI!!!

DEVI JAGRAN

By: Subhash Sharma. Mona Sharma & Mandali

Sponsors:

Vikas, Swati Mehrotra. Mittal & Friends with Families



तेरे नाम दा रंग ऐसा चड़िया ई माँ,
तेरे भक्तां ने तेरा पल्ला फड़िया इ माँ I **02-May, 2026**
मन दे मंदिर विच तेरी जोत जाई ऐ,
नैणां विच मैया तपस्वी बड़ाई ऐ I

सभी सज्जनों को सूचित किया जाता है की **02-May, 2026 (Saturday)**
शाम के 7:00 बजे मंदिर में अम्बे माँ का **देवी जागरण (Chowki)** हो रही है I
मंदिर के पुजारी जी शाम के ठीक 6:30 बजे पूजा शुरू करेंगे I माँ के भक्त
सुभाष शर्मा, रमा कपूर और मोना शर्मा अपनी भक्त मंडली के साथ माता
जी की स्तुति में भेंटें गायेंगे I रात **8:30pm** बजे आरती शुरू हो जाएगी और
उसके उपरांत प्रसाद बंटेगा I

आप सभी से नम्रता सहित प्रार्थना है की आप भारी संख्या में आकर देवी माँ के
जागरण की शोभा बढ़ायें I अपने सामर्थ्य अनुसार ड्राई फ्रूट (Dry Fruit) और
ताज़े फल (Fresh Fruits) माँ के चरणों में भेंट करने के लिए लाएं I
जो भी व्यक्ति अपने परिवार की खुशी के लिए या अपनी मनोकामना की पूर्ती के
लिए देवी जागरण अपनी और से (स्पांसर) कराना चाहता है, कृपया मंदिर में
कैलेंडर पर अपना नाम लिख दे I जो भी भक्त माँ की स्तुति में भेंटें बोलना चाहता
है, वो कृपया 8:00 बजे से पहले अपना नाम सुभाष शर्मा जी को दे दें . कोई
और विशेष जानकारी के लिए सम्पर्क करें I